

## APPENDIX E

Knowledge of Infant Behavior  
New Babies: What are they like?

The following questions have to do with new babies and what they are like. We would like to find out what you know about newborns and their development. You are not expected to know the answers to most of these questions, as these are things doctors are just finding out about babies. We hope you enjoy answering these questions.

Please read each question completely and then put a check next to the one best answer.

1. How much can newborn babies see?
  - only light and dark
  - objects and people, but not clearly
  - nearly as well as grown-ups do
2. How much do newborns hear?
  - almost as well as we do
  - only loud clear sounds
  - not much
3. It is normal for a newborn's body to be
  - somewhat limp and floppy
  - somewhat tight and tense
  - in between floppy and tense
  - floppy, tense, and in between are all quite normal
4. What will most newborns do if you gently stroke them on the corner of the mouth?
  - be soothed and stop crying
  - yawn
  - turn toward the touch and suck
  - open their eyes widely
5. If a noise or a bright light occurs over and over near a sleeping newborn, the baby will usually
  - wake up, get more and more active, and then cry
  - move around at first and then stop responding to the sound or light
  - mostly not notice it at all

6. How does a newborn get its reflexes? They
- happen automatically without being taught
  - are learned very rapidly in the first few hours and days
7. If a baby is startled by a sudden jolt (like if the head drops a little while you are dressing him), he or she will
- become very still
  - kick, squirm, and cry
  - throw the arms out suddenly, then pull them back in
8. If you hold your baby upright, and let his feet touch a flat surface (like a mattress), he will
- remain in that position
  - straighten his legs as though trying to stand
  - straighten his legs and sometimes pick them up as though "walking"
9. If you stroke the bottom of your baby's foot, she might
- cry
  - draw her foot away because it tickles
  - spread her toes out like a fan
  - all of the above
10. If you swaddle a fussy newborn snugly in a blanket, the baby will usually
- fuss and demand freedom of movement
  - be soothed and stop crying
  - fall asleep
11. At what age can a baby first follow a moving object with its eyes?
- on the first day or so
  - at two or three weeks
  - at four to six weeks
12. At what age can a baby first turn its head toward a sound?
- on the first day or so
  - at two or three weeks
  - at four to six weeks

13. A mother asks her doctor when her baby will be able to find his hand and suck on his fingers. What does the doctor say?

not until the baby is several weeks old  
 newborn babies cannot do this  
 most babies can do this, at least a little, from birth